



PARCentral

**Come check out
PARCentral and see
what it's all about!**



Visit us at:
www.putnamarc.org
&
www.autismresourcecenter.info



PARC's Mission:
As a community leader, PARC creates and provides
lifelong opportunities for people with disabilities to
achieve success.

PARC Center
1938 Route 6
Carmel, NY 10512
For more information, please contact :
Lauren Deleso, MA
PARCentral Coordinator
845-225-5650 extension #177
Or Lauren_Deleso@PutnamARC.org



PARCentral After School & After Work Program

**A Program for
Connecting
Young People**

Call for information
845-225-5650



PARCentral After School & After Work Program

PARCentral is a Medicaid Waiver respite service funded through the Office of Mental Retardation and Developmental Disabilities (OMRDD). To register you must speak to your Medicaid Service Coordinator to ensure that the program is part of you or your child's Individualized Service Plan.

PARCentral serves young people between the ages of 14 and 30 with intellectual disabilities, who live at home with their families in Putnam County. The program was created in collaboration with parents to provide respite for family members, while providing a place to continue learning, social skills and experience new recreation activities and community outings. PARCentral provides organized activities for all participants and a break time for families.



PARCentral at TLC!

What We're All About!

Activities in PARCentral will introduce young people to new and unique experiences that will help strengthen social skills and encourage learning.

PARCentral staff are trained direct care professionals who have experience working with people with developmental disabilities in a recreational and educational capacity. These activities include:

Horticulture

Homework Help

Social Skills Building

Technology

Liv-
ing
Pet
apy
Care



Daily
ing
Skills
Cook-
ing
Ther-
&

Yoga

Creative Arts

Drama

Teenagers and young adults will form new relationships with peers and interact in their community. Participation in PARCentral will enhance participants' social and functional skills!

PARCentral Times and Location

PARC Center

1938 Route Six, Carmel

Monday - Friday

2 PM - 6 PM

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*Hey, it's fun to
learn!*